

DiscipleOne

CHALLENGE

SUGGESTED GUIDELINES

- Find someone who is eager to be a disciple
- Do not necessarily limit yourself to FamilyBC
- Select a partner of the same gender
- Agree upon some goals and expectations
- Set a regular (weekly) meeting schedule
- Meet in a convenient, normal location
- Plan to meet for about an hour or so
- Pray before, during, and after you meet
- Search scripture for answers
- Consider memorizing passages together
- Reflect more deeply on areas of difficulty
- Devote yourself to listening well to one another
- Understand you do not have all the answers
- Begin to pray that God would show each of you who else you might disciple with next time

These materials have been developed and adapted at Family Bible Church from various resources including the book "Growing Up" by Robby Gallaty.



DISCIPLESHIP AGREEMENT

I will commit to the following:

1. I devote myself completely to Jesus in anticipation that I am entering a time of accelerated growth
2. I will meet with my DiscipleOne partner on the agreed upon schedule unless providentially hindered
3. I will read agreed upon Scriptures and come prepared to listen and share what is learned
4. I will help create an environment of confidentiality, honesty and transparency for the purpose of our spiritual growth
5. I will pray every week for my DiscipleOne partner and follow up on important matters
6. I will begin with the end in mind, knowing this challenge can be repeated if beneficial

Signed: _____

Signed: _____

Dated: _____



WEEKLY QUESTIONS

1. Have you spent time in both the Bible and in prayer this week?
2. Have you shared and lived out your faith this week?
3. Have you loved others around you well this week?
4. Have you chosen to sin on purpose this week?
5. Have you noticed attitudes or expressions in your life that do not honor Christ this week?
6. Have you been dishonest or boastful to make yourself look better to others this week?
7. Have you participated in anything unethical this week?
8. Have you lied about any of your answers today?

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